



Aetna Better Health® of Illinois

AETNA BETTER HEALTH® d/b/a Aetna Better Health of Illinois Policy

Policy Name: Testing for Vaginitis	Page: 1 of 3
Department: Medical Policy & Program Solutions	
Subsection:	Effective Date: 12/01/2020
Applies to: Aetna Better Health of Illinois	

PURPOSE: Per Aetna Better Health of Illinois policy, the following conditions are considered not medically necessary for treatment of vaginitis.

STATEMENT OF OBJECTIVE/OVERVIEW:

- Screening of asymptomatic pregnant women for bacterial vaginosis (BV). to reduce the incidence of pre-term birth or other complications of pregnancy is not medically necessary as there is no evidence that treatment of BV in asymptomatic pregnant women reduces these complications
- Unspecified amplified DNA-probe testing for genitourinary conditions for asymptomatic women during routine exams, contraceptive management care, or pregnancy care is considered not medically necessary for members ≥ 13 year of age as it has not been shown to improve clinical outcomes over direct DNA-probe testing.
- Unspecified amplified DNA-probe testing for the diagnostic evaluation of symptomatic women for the following genitourinary conditions is considered not medically necessary for members ≥ 13 of age as it has not been shown to improve clinical outcomes over direct DNA-probe testing.
 1. Urinary tract infections;
 2. Pelvic inflammatory disease;
 3. Inflammatory disorders of the vagina, vulva, and perineum;
 4. Irregular menstruation or abnormal uterine and vaginal bleeding;
 5. Dysmenorrhea;
 6. Complications with pregnancy, including all of the following:
 - a. Pre-term labor;
 - b. Ectopic pregnancy;
 - c. High risk pregnancy.



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DEFINITIONS:

Vaginitis	<p>Vaginitis is an inflammation of the vagina that can result in discharge, itching and pain. The cause is usually a change in the normal balance of vaginal bacteria or an infection. Reduced estrogen levels after menopause and some skin disorders can also cause vaginitis.</p> <p>The most common types of vaginitis are:</p> <ul style="list-style-type: none"> • Bacterial vaginosis, which results from a change of the normal bacteria found in your vagina to overgrowth of other organisms • Yeast infections, which are usually caused by a naturally occurring fungus called <i>Candida albicans</i> • Trichomoniasis, which is caused by a parasite and is commonly transmitted by sexual intercourse
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LEGAL/CONTRACT REFERENCE:

Review/Revision History	



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