

Clinical Practice Guidelines Aetna Better Health of Louisiana

Disease Management Condition	Guideline (Copy and paste link into your browser)
ADHD	American Academy of Pediatrics (AAP): ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents, October 2019 https://pediatrics.aappublications.org/content/144/4/e20192528
Alcohol Use Disorder	American Society of Addiction Medicine Alcohol Withdrawal Management https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2 Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018) https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions
Anxiety Disorder	National Institute of Mental Health Anxiety Disorders https://www.nimh.nih.gov/health/topics/anxiety-disorders
Asthma	National Heart, Lung and Blood Institute (NHLBI)-Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma (EPR-3) Published Aug 2007 https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma
Bipolar Disorder	American Psychiatric Association Practice Guideline for the Treatment of Bipolar Disorder https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf
Chronic Kidney Disease	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI™) evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications https://www.kidney.org/professionals/guidelines/guidelines_commentaries
Chronic Obstructive Lung Disease (COPD)	Global Initiative for Chronic Obstructive Lung Disease 2019 Report https://goldcopd.org/wp-content/uploads/2018/11/GOLD-2019-v1.6-FINAL-08Nov2018-wms.pdf
Congestive Heart Failure (CHF)	2013 ACCF/AHA – Guideline for the Management of Heart Failure http://www.onlinejacc.org/content/62/16/1495 Update: 2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure http://circ.ahajournals.org/content/early/2017/04/26/CIR.0000000000000509
Coronary Artery Disease (CAD)	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease http://www.onlinejacc.org/collection/guidelines
Diabetes <i>ADA's current clinical practice recommendations</i>	2020 American Diabetes Association (ADA) Standards of Medical Care in Diabetes https://professional.diabetes.org/content-page/standards-medical-care-diabetes
Eating Disorders	American Academy of Child and Adolescent Psychiatry Committee on Quality Issues https://www.jaacap.org/article/S0890-8567(15)00070-2/pdf

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Hepatitis C	US Preventative Task Force: Hepatitis C Virus Infection in Adolescents and Adults: Screening https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/hepatitis-c-screening
HIV/AIDS	Clinical Care Guidelines and Resources https://hab.hrsa.gov/clinical-quality-management/clinical-care-guidelines-and-resources
Hypertension (HTN)	Guidelines Made Simple 2017 Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults https://www.acc.org/education-and-meetings/image-and-slide-gallery/media-detail?pid=BDA0F36F3160426FAB2E784882E2629A
Immunizations <i>CDC Guideline</i>	CDC 2020 Immunizations Schedules https://www.cdc.gov/vaccines/schedules/index.html
Low Back Pain	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians (2017) https://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice?_ga=2.247433220.1028399561.1575492235-1562492790.1557437793
Major Depressive Disorder <i>APA Guidelines</i>	Management of Major Depressive Disorder (MDD) (2016) https://www.healthquality.va.gov/guidelines/MH/mdd/
Obesity	Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions (September 2018) https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions
Opioids for Chronic Pain <i>CDC Guideline</i>	CDC Guideline for Prescribing Opioids for Chronic Pain-United States,2016 https://www.cdc.gov/drugoverdose/prescribing/guideline.html
Pediatric Preventative Health Care	American Academy of Pediatrics https://pediatriccare.solutions.aap.org/DocumentLibrary/periodicity_schedule.pdf
Prenatal Services	May require ACOG membership to access: https://www.acog.org/About-ACOG/ACOG-Departments/Deliveries-Before-39-Weeks/ACOG-Clinical-Guidelines Prenatal Care, American Family Physician https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=25#0
Preventative Screenings	U.S. Preventive Services Task Force (USPSTF) https://www.uspreventiveservicestaskforce.org/BrowseRec/Index/browse-recommendations
Schizophrenia	American Psychiatric Association Treatment of Patients with Schizophrenia https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424841
Sickle Cell Anemia	Evidence-Based Management of Sickle Cell Disease: Expert Panel Report (September 2014) https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease

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Substance Use Disorder	<p>American Society of Addiction Medicine Consensus Statement — Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019) https://www.asam.org/docs/default-source/quality-science/appropriate_use_of_drug_testing_in_clinical-1-(7).pdf?sfvrsn=2</p> <p>American Society of Addiction Medicine Treatment of Opioid Use Disorder https://www.asam.org/docs/default-source/quality-science/npg-jam-supplement.pdf?sfvrsn=a00a52c2_2</p>
Suicide Prevention	<p>US Department of Veterans Affairs Assessment and Management of Patients at Risk for Suicide https://www.healthquality.va.gov/guidelines/MH/srb/</p>
Tobacco Cessation	<p>Cessation Material for State Tobacco Control Programs https://www.cdc.gov/tobacco/quit_smoking/cessation/index.htm</p> <p>Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (May 2020) https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy</p>
Trauma Informed Care	<p>A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services (2014) https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420</p>
Women's Preventative Health Care	<p>Women's Preventive Services Guidelines (Last Reviewed 2017) https://www.hrsa.gov/womens-guidelines-2016/index.html</p>