Aetna Better Health® of New Jersey

How do I find a Community Doula?

You can use the table on the following page to contact one of our Community Doulas.

If you need assistance contacting a Community Doula or if you have any questions, please contact Member Services at 1-855-232-3596 (TTY: 711).

For more information on Community Doula Services, visit the Division of Medical Assistance & Health Services' Community Doula website.

Need extra help during pregnancy?

Is any parent ever prepared enough for a new baby? If you feel overwhelmed, you're not alone. We can help you stay healthy through your pregnancy and get the care you need.

Our team can help you:

- Learn more about your pregnancy
- Make a care plan that's right for you
- Get services and care
- Work with health care providers, agencies and groups
- Get services after hours in a crisis
- Arrange services for children with special health care needs

Just call Member Services at 1-855-232-3596 (TTY: 711).

Updated: September 11, 2026
NJ-24-05-04

Provider Name	Phone	Text Messaging	Email	Counties Served	Accepting New Members
ANDERSON, COLLEEN	862-520-6868	No	colleenbirthandlactation@gmail.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
APPIAH-KUMI, EDITH	609-203-2874	No	beautifullycenteredbirths@gmail.com	Mercer, Middlesex, Monmouth, Somerset, Union	Yes
APWAH, BENEDICCTA	973-216-4924	No	blissfulsagedoulaservices@gmail.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
BAUGHMAN, AMBER	856-503-5266	No	likemedoulaservices@outlook.com	Atlantic, Burlington, Camden, Cumberland, Gloucester, Salem	Yes
BENAVENTE, ADA	732-791-3108	No	thevillagedoulacare@gmail.com	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
BENNETT, ERIKA	609-365-1699	No	auntiemommysbj@outlook.com	Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Ocean	Yes
BILES-SUNKINS, KIMBERLY	856-565-8086	No	grannydoula2024@gmail.com	Atlantic, Burlington, Camden, Mercer, Monmouth, Ocean	Yes
BRIGGS, CHARNEA	856-214-1169	No	cbriggs725@yahoo.com	Atlantic, Burlington, Camden, Cumberland, Gloucester, Salem	Yes
CARRASQUILLO, TERESITA	609-218-2473	No	terelunadoula@gmail.com	Burlington, Hunterdon, Mercer, Middlesex, Monmouth, Somerset	Yes
CHASE, AMY	862-334-4053	No	amy@amychasedoula.com	Essex, Morris, Passaic, Hunterdon, Somerset, Sussex, Union, Warren	Yes
CHILDREN'S FUTURES	609-695-1977	No	Info@childrensfutures.org	Burlington, Hunterdon, Mercer, Middlesex, Monmouth, Somerset	Yes
CLIFTON, GIOVANNI	856-726-1549	No	atlastservice@gmail.com	Atlantic, Camden, Cumberland, Gloucester, Salem	Yes
CORADO-DIAZ, SILVIA	609-218-2473	No	ccorado@msn.com	Burlington, Hunterdon, Mercer, Middlesex, Monmouth, Somerset	Yes
DANIELS, DANIA	856-265-6893	No	dankat0265@gmail.com	Atlantic, Burlington, Camden, Mercer, Monmouth, Ocean	Yes
DAVIS, CHENA	844-401-2229	No	info@theflourishfund.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
DILWORTH, SHAWANNA	844-401-2229	No	info@theflourishfund.com	Atlantic, Burlington, Camden, Cumberland, Gloucester, Salem	Yes
DOWNS, UNIQUE	718-913-2887	No	DOULAINHEELS@GMAIL.COM	Mercer, Middlesex, Monmouth, Somerset, Union	Yes
FAISON, ANDREA	973-632-1278	No	dreathedoula@gmail.com	Bergen, Essex, Hudson, Passaic	Yes
FIGUEROA, SHIRLEY	609-695-1977	No	info@chsofnj.org	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
FLORES, JANINE	862-782-5355	No	janine.flores25@outlook.com	Bergen, Essex, Hudson, Passaic	Yes
FLOURISH COLLECTIVE INC	844-401-2229	No	info@theflourishfund.com	Atlantic, Bergen, Burlington, Camden, Cumberland, Essex, Gloucester, Hudson, Middlesex, Passiac, Salem, Somerset, Union	Yes
FRAZIER, KIMYATTA	215-432-4023	No	kmfrn@hotmail.com	Atlantic, Burlington, Camden, Cumberland, Gloucester, Salem	Yes
GONCALVES, KAUANE SILVIA	551-318-5554	No	kausilviagon@gmail.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
GRANT, SHAMEKA	445-888-1773	No	consideritgranted@gmail.com	Atlantic, Camden, Cumberland, Gloucester, Salem	Yes
GRAVE, CARLA	609-859-6539	No	NjGrl060102@aol.com	Burlington, Hunterdon, Mercer, Middlesex, Monmouth, Somerset	Yes
GRIFFIN, TONIQUE	973-391-3570	No	hello@nationaldoula.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
GROVER, CHRISTINE	609-760-5864	No	christiegrover@gmail.com	Atlantic, Burlington, Camden, Mercer, Ocean	Yes
GUINYARD, IYONIA	201-780-0882	No	kcbirth@gmail.com	Burlington, Hunterdon, Mercer, Middlesex, Monmouth, Somerset	Yes
HALE, LEAH MARIE	732-822-0400	No	DRHALE91@icloud.com	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
HAMPTON, SHONTEI	732-682-7356	No	The@loveandlifedoula.org	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
HARRINGTON, ANGEL	609-954-1412	No	angelharrington3@gmail.com	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
HAYFORD, ABBY	732-844-9179	No	doulabby@gmail.com	Essex, Hunterdon, Passaic, Somerset, Sussex, Warren	Yes
HORN, MELISSA C	908-531-2518	No	msmelissahorn@gmail.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
HUNTER, JENNIFER	732-890-3306	No	hhdoulanj@gmail.com	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
IDLER, LINDSAY	856-209-3704	No	idlerdoula@gmail.com	Atlantic, Burlington, Camden, Gloucester	Yes
IRRIZARRI, ANGELINE	862-267-865	No	empowermamasita@gmail.com	Bergen, Essex, Morris, Passaic, Sussex	Yes
JACKSON, DEBORAH	201-687-8907	No	debjack84@gmail.com	Bergen, Essex, Hudson, Passaic	Yes
JARVIS-HILLOCKS, CYNTHIA	917-589-7195	No	essentialdoulacares@gmail.com	Atlantic, Burlington, Camden, Cumberland, Gloucester, Salem	Yes
JONES, KENYA	917-284-4184	No	knj427@gmail.com	Atlantic, Burlington, Camden, Mercer, Monmouth, Ocean	Yes
KAMEL, MARSEEL	844-401-2229	No	info@theflourishfund.com	Bergen, Essex, Hudson, Morris, Passaic, Union	Yes
KETEMA, SHANI M	973-953-8152	No	sketema77@gmail.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
LLYOD, KAYLA	844-401-2229	No	info@theflourishfund.com	Atlantic, Burlington, Camden, Cumberland, Gloucester, Salem	Yes
LOPEZ AVILES, FLOR	609-695-6274	No	info@chsofnj.org	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
LOPEZ, GLADIS	609-695-6274	No	info@chsofnj.org	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
MINAYA, MARITZA	973-356-5681	No	mxmxjulie@gmail.com	Bergen, Essex, Morris, Passaic, Sussex	Yes
MATHERSON WHITE, JAZMINE	844-401-2229	No	info@theflourishfund.com	Bergen, Essex, Hudson, Passaic	Yes
MCLAREN, ALENA S	862-205-7065	No	alenathedoula@gmail.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
MCLEAN, ELISHA	609-695-6274	No	info@chsofnj.org	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
MOATI, ELIZABETH	867-217-4645	No	lizzy@thefitnessdoula.com	Bergen, Essex, Hudson, Morris, Passaic, Union	Yes
MUHANNAD, TYREEMA	973-600-7106	No	Pearlsofdoula@gmail.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes

Provider Name	Phone	Text Messaging	Email	Counties Served	Accepting New Members
MUHUMMAD, SAFIYAH	908-265-1132	No	smuhummad@spanadvocacy.org	Mercer, Middlesex, Monmouth, Somerset, Union	Yes
MEYERS, ELIZABETH	862-243-0802	No	lmeyers@adler.edu	Morris, Passaic, Hunterdon, Sussex, Warren	Yes
NATALI-ARCHILLA, DANIELA	856-229-0487	No	doula@acrossthespectrumdoula.com	Atlantic, Camden, Cumberland, Gloucester, Salem	Yes
NUTURING BAYBEES	973-483-1300	No	doula.alreema@gmail.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
PICKENS, SHAMON	862-205-4864	No	bepampereddoula@gmail.com	Bergen, Essex, Hudson, Middlesex, Morris, Somerset, Passaic, Union	Yes
PICKETT, BIANCA	973-666-7470	No	divinealignment.cbs@gmail.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
PONZIAK, AGATA	609-695-6274	No	info@chsofnj.org	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
RILEY, NA-AISHA	609-781-2587	No	StaciaDoulaServices@outlook.com	Atlantic, Burlington, Camden, Mercer, Ocean	Yes
ROCK-WORRELL, SAFIA	856-367-1275	No	motherlydoulacare@gmail.com	Atlantic, Camden, Cumberland, Gloucester, Salem	Yes
ROGERS, ZAKIAH	856-265-8132	No	guidedbyzakiah@gmail.com	Atlantic, Camden, Cape May, Cumberland, Salem	Yes
SANTANA, DARIANNY REYNA	973-870-8384	No	dreynaseeds@gmail.com	Bergen, Essex, Morris, Sussex	Yes
SERNA, INES P	201-270-7961	No	ines.serna@outlook.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
SESSOMS, JODIE	609-807-1604	No	trudoulasofnj@gmail.com	Burlington, Hunterdon, Mercer, Middlesex, Monmouth, Somerset	Yes
SHAIK, MAIMUNA	973-681-8557	No	maimuna11shaik@yahoo.com	Bergen, Essex, Hudson, Morris, Passaic, Union	Yes
SHAW, SHENELLE	860-618-8905	No	shenelleshaw8479213@gmail.com	Burlington, Hunterdon, Mercer, Middlesex, Monmouth, Somerset	Yes
SHERRER, ASHLEY	732-421-9323	No	ashley.sherrer88@gmail.com	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
SMITH, TATIANA Y	201-589-8907	No	administrator@doulasforthepeople.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
SMITH-MCCOMBS, KENDALL	862-205-1063	No	ksmccombs@verizon.net	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
TAYLOR, GIANNA	856-340-9202	No	adoulascalling@gmail.com	Atlantic, Burlington, Camden, Cumberland, Gloucester, Salem	Yes
THE CHILDREN'S HOME SOCIETY OF NEW JERSEY	609-695-6274	No	info@chsofnj.org	Burlington, Mercer, Middlesex, Monmouth, Ocean	Yes
TOWNES, SOLIEL	844-401-2229	No	info@theflourishfund.com	Hunterdon, Morris, Sussex, Warren	Yes
TUCKER, NAIMA	973-510-1992	No	therosecenternwk@gmail.com	Bergen, Essex, Hudson, Morris, Passaic, Union	Yes
VINING, ALREEMA	973-483-1300	No	doula.alreema@gmail.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
WARD, KIEYEITHA	844-401-2229	No	info@theflourishfund.com	Bergen, Essex, Hudson, Middlesex, Somerset, Passaic, Union	Yes
WHITE, STACY	856-938-8983	No	stacywhite928@gmail.com	Atlantic, Burlington, Camden, Mercer, Ocean	Yes
WILLIAMS, INDIA	856-553-1250	No	indiagennisidoula@gmail.com	Atlantic, Burlington, Camden, Cumberland, Gloucester, Salem	Yes
WILLIAMS, TANYA	609-760-6228	No	tanya@cdosj.org	Atlantic, Camden, Cape May, Cumberland	Yes

Still need help finding a community doula? Visit **www.state.nj.us/humanservices/dmahs/info/doula.html** for more information.

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ENGLISH: ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call the number on the back of your ID card or 1-800-385-4104 (TTY: 711).
SPANISH: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que aparece en el reverso de su tarjeta de identificación o al 1-800-385-4104 (TTY: 711).
CHINESE: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電您的 ID 卡背面的電話號碼或 1-800-385-4104 (TTY: 711).