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**English:** Attention: If you speak English, language assistance services, free of charge, are available to you. Call **1-844-365-4385 (TTY: 711)**.

**Spanish:** Atención: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-844-365-4385 (TTY: 711)**.

**Vietnamese:** Chú ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số

**Aetna Better Health® of Oklahoma**  
Member Services  
**1-844-365-4385 (TTY: 711)**  
24 hours a day, 7 days a week

[AetnaBetterHealth.com/Oklahoma](https://AetnaBetterHealth.com/Oklahoma)



 **Healthy living starts here**

We've got you covered

**Aetna Better Health® of Oklahoma**

SoonerSelect  | 

[AetnaBetterHealth.com/Oklahoma](https://AetnaBetterHealth.com/Oklahoma)

34818102-01-01 (3/25)

## Bringing together what matters most

Aetna Better Health® of Oklahoma brings together the care, support and services you need by making your extra benefits easy to choose and use—**so you can live your healthiest life.**

Questions? Give us a call at **1-844-365-4385 (TTY: 711)**.

## Extra benefits

Members must meet criteria requirements to be eligible for certain benefits and incentives.

	<b>Diabetes Care Program</b>	Earn \$15 for completing a kidney screening. Earn \$50 per month for healthy foods. Earn \$15 for completing a diabetic retinal eye exam. Earn \$15 for completing an A1C test.
	<b>Post-discharge meals</b>	Receive 21 meals per week for 12 weeks post-discharge from the hospital.
	<b>Traditional Healing</b>	Up to \$400 a year for traditional healing practices.
	<b>Digital Companionship</b>	App with 24/7 digital companionship and support for loneliness and resources.
	<b>Mental Health and Substance Use Disorder Coaching</b>	Mental health coaching that helps strengthen emotional health. App tools and support for depression, substance abuse, tobacco cessation and early pregnancy.
	<b>Recovery Housing Support</b>	Up to \$600 per month for up to 3 months at an approved sober living facility.
	<b>Cost to Pay for Expungement</b>	Up to \$150 to assist with certification fees tied to criminal record expungement.
	<b>Career &amp; Life Skills Training</b>	Job skills training, trade skill development and general equivalency diploma (GED) support.
	<b>Behavioral Health Follow-up Visit</b>	Earn \$20 for each follow-up visit completed with a mental health practitioner following discharge from an acute behavioral health inpatient hospitalization, residential treatment or detoxification for substance use disorder.
	<b>Alternatives to Opioids</b>	Up to \$500 to use toward acupuncture, massage therapy, dry-needling and yoga.
	<b>Enhanced Transportation</b>	Transportation to job interviews, grocery stores and community and social services.
	<b>Over-the-counter (OTC) supplies</b>	\$25 per month for OTC health products.
	<b>Asthma Home Care</b>	Up to \$250 for bedding, deep carpet cleaning, pest control services, air purifiers and air filters.
	<b>Adult Vision</b>	\$150 every two years to cover glasses/contacts. \$75 toward an annual exam.
	<b>Screenings</b>	Receive \$25 for completing a breast cancer screening. Receive \$25 for completing a colorectal cancer screening.

	<b>No-cost Smart Phone</b>	Receive a smart phone with a wireless plan at no cost. One per household.
	<b>Waived Copays</b>	Copays waived for all medical and behavioral health services except IP Hospital (ICU/CCU, other room and board, routine), and outpatient hospital non-ER and retail pharmacy.
	<b>Pregnancy</b>	Earn \$25 for notifying Aetna Better Health prior to first prenatal visit. Earn \$25 for completing initial prenatal visit. Earn an extra \$10 for each prenatal visit. Earn \$50 for completing postpartum visit 21 days post-delivery. Earn an extra \$50 for completing second visit 22-84 days post-delivery. At 37 weeks pregnant and after attending 7 doctors' visits, receive \$90 to purchase a portable crib or car seat. Receive a no-cost breast pump at 37 weeks pregnant.
	<b>Digital Maternal Health</b>	24/7 digital support during pregnancy and postpartum. Support from virtual specialists include virtual doula, lactation consultants, OB/GYNs, pediatricians and mental health providers.
	<b>Diaper Club</b>	Receive a one-time \$100 to purchase diapers for children 12 months and younger.
	<b>Childhood Immunizations</b>	Children can receive \$50 for completing the full series of childhood immunizations on or before their 2nd birthday.
	<b>Well-Child</b>	Earn \$25 annually for completing a well-child visit. Earn \$60 for completing 6 well-child visits between birth-15 months. Earn \$40 for completing 2 well-child visits between 16-30 months.
	<b>Go/Get Outside</b>	Up to \$40 per year for Oklahoma zoos or state parks.
	<b>After School Engagement</b>	Up to \$100 per year for activities, sports and after school programs.

**Get up to \$5,155 in extra benefits a year!**

Benefits may require Care Management involvement or specific diagnoses. For eligibility information, call us at **1-844-365-4385 (TTY: 711)** or view your member handbook at **AetnaBetterHealth.com/Oklahoma**.



Aetna Better Health<sup>®</sup>  
of Oklahoma