

**Spravato® (Esketamine) Prior Authorization Form**

**\*\*Please check the applicable box(es)\*\***

**[For major depressive disorder (MDD) with acute suicidal ideation or behavior only]**

**EMERGENCY FILL**

**Emergency dose has been dispensed:** Quantity dispensed: \_\_\_\_\_ [# of kits; e.g., (1) 84mg dose = #3 kits]  
Date Dispensed: \_\_\_\_\_ (only 1 emergency dose will be approved)

**Member Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Member ID#:** \_\_\_\_\_

**Drug Information**

**Physician billing (HCPCS code:** \_\_\_\_\_)  **Pharmacy billing (NDC:** \_\_\_\_\_)

**Dose:** \_\_\_\_\_ **Regimen:** \_\_\_\_\_ **Start Date:** \_\_\_\_\_

**Billing Provider Information**

**Provider NPI:** \_\_\_\_\_ **Provider Name:** \_\_\_\_\_

**Provider Phone:** \_\_\_\_\_ **Provider Fax:** \_\_\_\_\_

**Prescriber Information**

**Prescriber NPI:** \_\_\_\_\_ **Prescriber Name:** \_\_\_\_\_

**Prescriber Phone:** \_\_\_\_\_ **Prescriber Fax:** \_\_\_\_\_ **Specialty:** \_\_\_\_\_

**Criteria**

**\*Page 1 of 2—Please complete and return all pages. Failure to complete all pages will result in processing delays.\***

**For Initial Authorization** [or continued authorization after 1 emergency dose for MDD with acute suicidal ideation or behavior (authorization of 1 emergency dose does not guarantee authorization of further doses)]:

1. Please indicate diagnosis:
  - Depressive Symptoms in Adults with MDD with Acute Suicidal Ideation or Behavior
  - Treatment-Resistant Depression
  - Other: \_\_\_\_\_
2. Will Spravato® be used in conjunction with an oral antidepressant? Yes  No   
a. If yes, please list the oral antidepressant: \_\_\_\_\_
3. Will member be monitored by a health care provider for at least 2 hours after each administration?  
Yes  No
4. Will the member's blood pressure be monitored prior to and after administration of Spravato® in accordance with the Spravato® Prescribing Information? Yes  No
5. Does the member have any contraindications to therapy [i.e., aneurysmal vascular disease (including thoracic and abdominal aorta, intracranial and peripheral arterial vessels) or arteriovenous malformation; intracerebral hemorrhage; hypersensitivity to esketamine, ketamine, or any of the excipients]? Yes  No
6. Does the member have severe hepatic impairment (Child Pugh C)? Yes  No
7. For female members of reproductive potential, please answer all of the following:
  - a. Is the member currently pregnant? Yes  No
  - b. Will the member use contraception while receiving treatment with Spravato®? Yes  No
  - c. Is the member breastfeeding? Yes  No
8. Are the pharmacy and health care setting certified in the Spravato® Risk Evaluation and Mitigation Strategy (REMS) program? Yes  No
9. Is the member enrolled in the Spravato® REMS program? Yes  No
10. Will Spravato® be administered under the direct observation of a health care provider in a REMS certified health care setting? Yes  No

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Fax completed prior authorization request form to **888-601-8461** or submit Electronic Prior Authorization through CoverMyMeds® or SureScripts. All requested data must be provided. Incomplete forms or forms without the chart notes will be returned. Pharmacy Coverage Guidelines are available at [AetnaBetterHealth.com/Oklahoma](http://AetnaBetterHealth.com/Oklahoma).

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**Spravato® (Esketamine) Prior Authorization Form**

Member Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Member ID#: \_\_\_\_\_

**Criteria**

**\*Page 2 of 2—Please complete and return all pages. Failure to complete all pages will result in processing delays.\***

**For Initial Authorization, continued:**

11. If diagnosis is **Depressive Symptoms in Adults with MDD with Acute Suicidal Ideation or Behavior**, please provide the following (Approvals will be for 4 weeks including doses received while hospitalized, if applicable):  
a. If hospitalized, please provide the number of doses the member received while hospitalized: \_\_\_\_\_  
Date(s) dose(s) received: \_\_\_\_\_

12. If diagnosis is **Treatment-Resistant Depression**, please provide the following (Initial approvals will be for the duration of induction phase only):  
a. Has the member had an inadequate response to at least 2 different antidepressants from different classes at least 4 weeks in duration each and titrated to recommended dosing during the current depressive episode? Yes  No   
i. If yes, please provide the antidepressant trial information:

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Dates of Use: \_\_\_\_\_

Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Dates of Use: \_\_\_\_\_

ii. If no, please provide contraindication(s) or clinically-significant adverse effect(s):  
\_\_\_\_\_

**For Continued Authorization:**

1. For **Depressive Symptoms in Adults with MDD with Acute Suicidal Ideation or Behavior**, has member demonstrated an adequate response during the initial 4 weeks of Spravato® treatment? Yes  No   
a. Please provide patient-specific, clinically significant information to support continued use of Spravato®:  
\_\_\_\_\_

b. Is member using Spravato® in combination with an oral antidepressant? Yes  No

i. If yes, please list the oral antidepressant: \_\_\_\_\_

2. For **Treatment-Resistant Depression**, has member demonstrated an adequate response during the Spravato® induction phase? Yes  No

a. Is member using Spravato® in combination with an oral antidepressant? Yes  No

i. If yes, please list the oral antidepressant: \_\_\_\_\_

**Prescriber Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

(By signature, the physician confirms the criteria information above is accurate and verifiable in patient records.) *Please do not send in chart notes. Specific information/documentation will be requested if necessary. Failure to complete this form in full will result in processing delays.*

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