

**AETNA BETTER HEALTH® OF VIRGINIA REQUEST FORM**

**BONSITY®, FORTEO®, teriparatide or TYMLOS™**

Fax back to: 1-855-799-2553

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If the following information is not complete, correct, or legible, the PA process can be delayed. Please use one form per member.

**MEMBER INFORMATION**

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Last Name:

First Name:

Medicaid ID Number:

Date of Birth:

Weight in Kilograms: \_\_\_\_\_

**PRESCRIBER INFORMATION**

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Last Name:

First Name:

NPI Number:

Phone Number:

Fax Number:

**DRUG INFORMATION**

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Drug Name/Form: \_\_\_\_\_

Strength: \_\_\_\_\_

Dosing Frequency: \_\_\_\_\_

Length of Therapy: \_\_\_\_\_

Quantity per Day: \_\_\_\_\_

*(Form continued on next page.)*

**Member's Last Name:**

**Member's First Name:**

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**DIAGNOSIS AND MEDICAL INFORMATION**

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1. Is the member 18 or older?

Yes       No

2. Does the member have a confirmed diagnosis of osteoporosis?

Yes       No

3. Has the member experienced a therapeutic failure or inadequate response to at least two bisphosphonates?

Yes       No

If **No**, is the member unable to receive or have a contraindication to a bisphosphonate?

Yes       No

List details: \_\_\_\_\_

4. Is the member assigned male at birth requiring increased bone mass with primary or hypogonadal osteoporosis?

Yes       No

5. Is the member at a high risk for fractures?

Yes       No

6. Will the member be taking calcium and vitamin D supplementation if dietary intake is inadequate?

Yes       No

7. Does the member have a documented Hip DXA (femoral neck or total hip) or lumbar spine T-score -2.5 (standard deviations) or below?

Yes       No

8. Does the member have Bone Mineral Density (BMD) of -3 or worse?

Yes       No

9. Is the member postmenopausal with history of non-traumatic fracture(s)?

Yes       No

*(Form continued on next page.)*

**Member's Last Name:**

**Member's First Name:**

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10. Is the member post-menopausal with two or more of the following clinical risk factors:

- Family history of non-traumatic fracture(s)
- DXA BMD T-score  $\leq -2.5$  at any site
- More than 2 alcohol beverages per day
- Glucocorticoid use ( $\geq 6$  months of use at 7.5 dose of prednisolone equivalent)
- History of non-traumatic fracture(s)
- Rheumatoid Arthritis
- Current smoker

11. Member is not at increased risk for osteosarcoma (e.g., Paget's disease of bone, bone metastases or skeletal malignancies, etc.)?

- Yes       No

12. Member has not received therapy with parathyroid hormone analogs (e.g., Forteo) in excess of 24 months in total?

- Yes       No

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**Prescriber Signature (Required)**

**Date**

By signature, the physician confirms the above information is accurate and verifiable by member records.

**Please include ALL requested information; Incomplete forms will delay the PA process.** Submission of documentation does NOT guarantee coverage.