

AETNA BETTER HEALTH® OF VIRGINIA REQUEST FORM

Weight-Loss Management

Fax back to: 1-855-799-2553

If the following information is not complete, correct, or legible, the PA process can be delayed. Please use one form per member.

MEMBER INFORMATION

Last Name:

Grid for last name input

First Name:

Grid for first name input

Medicaid ID Number:

Grid for Medicaid ID number input

Date of Birth:

Grid for date of birth input (MM/DD/YYYY)

Weight in Kilograms: \_\_\_\_\_

PRESCRIBER INFORMATION

Last Name:

Grid for prescriber last name input

First Name:

Grid for prescriber first name input

NPI Number:

Grid for NPI number input

Phone Number:

Grid for phone number input (XXX-XXX-XXXX)

Fax Number:

Grid for fax number input (XXX-XXX-XXXX)

DRUG INFORMATION

For initial requests, continue below. For renewal requests, proceed to page 4 of this form.

All weight-loss medications will require a PA, which include, but are not limited to, the following:

Covered only for members 16 years of age or older unless otherwise specified

- Checkboxes for various weight-loss medications: Adipex-P, Bontril, Imcivree, Saxenda, Zepbound, Alli, Didrex, Radtue, Wegovy.

Drug Name: \_\_\_\_\_ Drug Form: \_\_\_\_\_

Drug Strength: \_\_\_\_\_ Dosing Frequency: \_\_\_\_\_

Length of Therapy: \_\_\_\_\_ Quantity: \_\_\_\_\_

Day Supply: \_\_\_\_\_

(Form continued on next page.)

Member's Last Name:

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Member's First Name:

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**DIAGNOSIS AND MEDICAL INFORMATION**

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If the physician does not have the necessary information, the request will be denied and the fax form requesting additional information will be sent to the prescriber.

Coverage for these medications will be limited to the following:

1. Absence of medical contraindications:

- No contraindications to use; **AND**
- No malabsorption syndromes, cholestasis, pregnancy, and/or lactation; **AND**
- No history of an eating disorder (e.g., anorexia, bulimia)

2. Additional qualifying criteria to include (excluding Imcivree®) the following:

- Participation in nutritional counseling; **AND**
- Participation in physical activity program, unless medically contraindicated; **AND**
- Commitment to continue the above weight-loss treatment plan.

3. Additional criteria for Imcivree® ONLY:

- Prescribed by or in consultation with an endocrinologist or geneticist; **AND**
- Member has Bardet-Biedl syndrome (BBS); **OR**
- Member has proopiomelanocortin (POMC), proprotein convertase subtilisin/kexin type 1 (PCSK1), or leptin receptor (LEPR) deficiency, as confirmed by a genetic test; **AND**
- Member's genetic variants are interpreted as pathogenic, likely pathogenic, or of uncertain significance (VUS).

4. The provider attests that the patient's obesity is disabling and life threatening (i.e., puts the patient at risk for high-morbidity conditions):

- Yes     No

5. BMI meeting the following criteria (for Initial Request only):

- **Adipex-P®/Suprenza™, Bontril®/Bontril PDM®, Didrex®/Regimex®, Alli®/Xenical®, Radtue®:**

- BMI ≥ 27 with two or more of the following risk factors: coronary heart disease, dyslipidemia, hypertension, sleep apnea, type 2 diabetes; **OR**
- BMI ≥ 30, if no applicable risk factors

(Form continued on next page.)

Member's Last Name:

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Member's First Name:

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**DIAGNOSIS AND MEDICAL INFORMATION (Continued)**

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- **Wegovy®, Saxenda®, and Zepbound™:**

- BMI ≥ 27 with two or more of the following risk factors: coronary heart disease, dyslipidemia, hypertension, sleep apnea, type 2 diabetes; **OR**
- BMI ≥ 30 and has a diagnosed disorder of the cardiovascular system (i.e. hypertension, dyslipidemia, prior heart attack or stroke); **OR**
- BMI ≥ 30, if no applicable risk factors; **AND**
- Have tried and failed one of the non-GLP1 weight-loss medications 6 months prior to request.
- For patients 12–18 years of age, a BMI that is ≥ 140% of the 95<sup>th</sup> percentile by age and sex
- For patients 12–18 years of age, an initial BMI that is ≥ 120% of the 95<sup>th</sup> percentile by age and sex with two or more of the following risk factors: coronary heart disease, dyslipidemia, hypertension, sleep apnea, type 2 diabetes.

- **Imcivree®:**

- BMI ≥ 30 or ≥ 95<sup>th</sup> percentile on pediatric growth chart

6. The written documentation must include the following:

- Current medical status and weight-loss plan. An individualized weight-loss program should include a specific reduced-calorie meal plan, recommended routine physical activity, and behavioral intervention, including lifestyle modification as needed to improve adherence and outcomes.
- Current accurate height and weight measurements
- No medical contraindications to use a reversible lipase inhibitor (**Xenical®**)
- If applicable, a 30-day trial and failure or intolerance to a non-GLP-1 weight-loss drug with a description or reason for failure or intolerance. (**Saxenda®, Wegovy®, and Zepbound™**)
- Member not concurrently on Victoza® or Ozempic® or other GLP-1 inhibitors (**Saxenda®, Wegovy®, and Zepbound™**)

*(Form continued on next page.)*

Member's Last Name:

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Member's First Name:

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**LENGTH OF AUTHORIZATION**

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**Initial Request: Varies (drug specific)**

- Benzphetamine, diethylpropion, phendimetrazine, phentermine – 3 months
- Wegovy®/Zepbound™ – 6 months
- Alli®/Xenical® – 6 months
- Saxenda® and Imcivree® – 4 months

**Renewal Request: See additional requirements below (drug specific)**

- **Benzphetamine, diethylpropion, phendimetrazine, phentermine** – If the member achieves at least a 10-pound (lb.) weight loss during the initial 3 months of therapy, an additional 3-month PA may be granted. Maximum length of continuous drug therapy is 6 months (waiting period of 6 months before next request).
- **Alli®/Xenical®** – If the member achieves at least a 10-lb. weight loss, an additional 6-month PA may be granted. Maximum length of continuous drug therapy is 24 months (waiting period of 6 months before next request).
- **Saxenda®** – If the member achieves a weight loss of at least 4% of baseline weight, an additional 6-month PA may be granted as long as weight reduction continues.
- **Imcivree®** – If the member has experienced ≥ 5% reduction in body weight (or ≥ 5% of baseline BMI in those with continued growth potential), an additional 1 year PA may be granted.
- **Wegovy®/Zepbound™** – If the member achieves a weight loss of at least 5% of baseline weight, an additional 6-month PA may be granted.
- Members lacking a weight-loss response may still be considered for renewal with two or more of the following weight related risk factors: coronary heart disease, dyslipidemia, hypertension, sleep apnea, type 2 diabetes.
- **At this time, authorization requests over one year are subject to initial criteria, including all documentation.**
- **In the event of an FDA-recognized shortage, approved members will be eligible for the full allotment of approved drug once the shortage is resolved.**

*(Form continued on next page.)*

Member's Last Name:

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Member's First Name:

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**LENGTH OF AUTHORIZATION (Continued)**

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7. **Assessment:**

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8. **Other Diagnoses/Risk Factors:**

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9. **Current BMI (Adult) or % of 95th percentile weight (12–18 y.o.):** \_\_\_\_\_

10. **Pre-treatment BMI (Adult) or % of 95th percentile weight (12–18 y.o.):** \_\_\_\_\_

11. **Summarize details of previous weight-loss treatment plans to include diet and exercise plans, in addition to submitting a copy of the plan consistent with Question 6:**

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Attachments

\_\_\_\_\_  
**Prescriber Signature (Required)**

\_\_\_\_\_  
**Date**

By signature, the physician confirms the above information is accurate and verifiable by member records.

**Please include ALL requested information. Incomplete forms will delay the PA process.**

Submission of documentation does NOT guarantee coverage.