



AETNA BETTER HEALTH®
Coverage Policy/Guideline

Name: Continuous Glucose Monitors

Page: 1 of 4

Effective Date: 11/13/2025

Last Review Date: 10/2025

Applies to:	☐ Illinois	☐ Florida	☐ Florida Kids
	☐ New Jersey	☐ Maryland	☒ Michigan
	☐ Pennsylvania Kids	☐ Virginia	☐ Kentucky PRMD

Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Continuous Glucose Monitors under the patient's prescription drug benefit.

Applicable Drug List:

Preferred Agents:

Dexcom (All Products)

Non-Preferred Agents:

Enlite (All Products)

Eversense (All Products)

Freestyle Libre (All Products)

Guardian (All Products)

MiniMed Sensor (all products)

Simplera (all products)

Policy/Guideline:

The patient is unable to take the preferred Dexcom product, due to a trial and inadequate treatment response or intolerance, or a contraindication.

Diabetes Mellitus

Authorization may be granted for the requested continuous glucose monitor and associated accessories for a diagnosis of diabetes mellitus when ONE of the following criteria are met:

- The patient is using multiple daily insulin injections (MDI) or continuous subcutaneous insulin infusion (CSII).
- The patient is using basal insulin

Gestational Diabetes

Authorization may be granted for the requested continuous glucose monitor and associated accessories for a diagnosis of gestational diabetes mellitus.

Glycogen Storage Disease

Authorization may be granted for the requested continuous glucose monitor and associated accessories for a diagnosis of glycogen storage disease.



AETNA BETTER HEALTH®
Coverage Policy/Guideline

Name: Continuous Glucose Monitors

Page: 2 of 4

Effective Date: 11/13/2025

Last Review Date: 10/2025

Applies to:	☐ Illinois	☐ Florida	☐ Florida Kids
	☐ New Jersey	☐ Maryland	☒ Michigan
	☐ Pennsylvania Kids	☐ Virginia	☐ Kentucky PRMD

Approval Duration and Quantity Restrictions:

Approval: 12 months

Quantity Level Limit:

Sensors

- Dexcom G7 15 Day sensors: 2 per 30 days
- Dexcom G6 and G7 sensors: 3 per 30 days
- Freestyle Libre sensors: 2 per 28 days
- Guardian sensors: 5 per 28 days
- Enlite sensors: 5 per 30 days
- Eversense sensors: 1 per 90 days
- Eversense XL sensors: 1 per 180 days
- Eversense 365: 1 per 365 days
- MiniMed sensors: 2 per 30 days
- Simpler sensors: 5 per 30 days

Transmitters

- Dexcom G6 transmitter: 1 per 90 days

Readers

- FreeStyle Libre 14 & FreeStyle Libre 2: 1 reader per year

References:

1. American Diabetes Association, Standards of Care in Diabetes – 2025. Diabetes Care. 2025;48(Suppl. 1):S1-S352.
2. Grunberger G, Sherr J, Allende M, et al. American Association of Clinical Endocrinology Clinical Practice Guideline: The Use of Advanced Technology in the Management of Persons with Diabetes Mellitus. Endocr Pract. 2021;27(6):505-537.
3. Blonde L, Umpierrez GE, Reddy SS et. al. American Association of Clinical Endocrinology Clinical Practice Guideline: Developing a Diabetes Mellitus Comprehensive Care Plan – 2022 Update. Endocr Pract. 2022; 28(10):923-1049.
4. Kaiser N, Gautschi M, Bosanka L, et al. Glycemic control and complications in glycogen storage disease type I: Results from the Swiss registry. Mol Genet Metab. 2019;126(4):355-361.
5. Herbert M, Pendyal S, Rairkar M, et al. Role of continuous glucose monitoring in the management of glycogen storage disorders. J Inherit Metab Dis. 2018;41(6):917-927.



AETNA BETTER HEALTH®
Coverage Policy/Guideline

Name: Continuous Glucose Monitors Page: 3 of 4

Effective Date: 11/13/2025 Last Review Date: 10/2025

Applies to:	☐ Illinois	☐ Florida	☐ Florida Kids
	☐ New Jersey	☐ Maryland	☒ Michigan
	☐ Pennsylvania Kids	☐ Virginia	☐ Kentucky PRMD

6. White FJ, Jones SA. The use of continuous glucose monitoring in the practical management of glycogen storage disorders. J Inherit Metab Dis. 2011;34(3):631-642.
7. Kasapkara CS, Cinasal Demir G, Hasanoglu A, et al. Continuous glucose monitoring in children with glycogen storage disease type I. Eur J Clin Nutr. 2014;68(1):101-105.
8. National Organization for Rare Disorders. Glycogen Storage Disease Type I. Available at: <https://rarediseases.org/rare-diseases/glycogen-storage-disease-type-i/>. Accessed March 6, 2025.
9. Dexcom G6 Continuous Glucose Monitoring System User Guide. San Diego, CA: Dexcom, Inc.; November 2022. Available at: <https://dexcompdf.s3.us-west-2.amazonaws.com/en-us/G6-CGM-Users-Guide-new.pdf>. Accessed March 5, 2025.
10. Dexcom G7 15 Day Continuous Glucose Monitoring System. 510K Premarket Notification. FDA Home Medical Devices Databases. Available at: https://www.accessdata.fda.gov/cdrh_docs/pdf24/K243214.pdf. Accessed September 8, 2025.
11. Dexcom G7 Continuous Glucose Monitoring System User Guide. San Diego, CA: Dexcom, Inc.; January 2025. Available at: <https://dexcompdf.s3.us-west-2.amazonaws.com/en-us/G7-CGM-Users-Guide.pdf>. Accessed March 5, 2025.
12. Enlite Glucose Sensor Important Safety Information. Northridge, CA: Medtronic MiniMed, Inc.; April 2023. Available at: <https://www.medtronicdiabetes.com/important-safety-information>. Accessed March 13, 2025.
13. Eversense Continuous Glucose Monitoring System User Guide. Germantown, MD: Senseonics, Inc.; June 2019. Available at: https://www.accessdata.fda.gov/cdrh_docs/pdf16/P160048S006c.pdf. Accessed March 16, 2025.
14. Eversense E3 Continuous Glucose Monitoring System User Guide. Germantown, MD: Senseonics, Inc.; December 2023. Available at: <https://www.ascensiadiabetes.com/eversense/user-guides/>. Accessed March 5, 2025.
15. Eversense 365 Continuous Glucose Monitoring System User Guide. Germantown, MD: Senseonics, Inc.; February 2025. Available at: <https://www.eversensecg.com/user-guides/>. Accessed March 5, 2025.
16. FreeStyle Libre 2 Flash Glucose Monitoring System User's Manual. Alameda, CA: Abbott Diabetes Care Inc.; August 2023. Available at: https://freestyleserver.com/Payloads/IFU/2023/q3/ART48230-001_rev-A-web.pdf Accessed March 5, 2025.
17. Freestyle Libre 3 Continuous Glucose Monitoring System User's Manual. Alameda, CA: Abbott Diabetes Care Inc.; May 2023. Available at: https://freestyleserver.com/payloads/ifu/2024/q2/ART49385-001_rev-A_Web.pdf. Accessed March 5, 2025.



AETNA BETTER HEALTH®
Coverage Policy/Guideline

Name: Continuous Glucose Monitors Page: 4 of 4

Effective Date: 11/13/2025 Last Review Date: 10/2025

Applies to:	☐ Illinois	☐ Florida	☐ Florida Kids
	☐ New Jersey	☐ Maryland	☒ Michigan
	☐ Pennsylvania Kids	☐ Virginia	☐ Kentucky PRMD

18. FreeStyle Libre 14-Day Flash Glucose Monitoring System User's Manual. Alameda, CA: Abbott Diabetes Care Inc.; August 2023. Available at: https://freestyleserver.com/Payloads/IFU/2023/q4/ART39764-301_rev-A_WEB.pdf. Accessed March 5, 2025.
19. Guardian 3 Sensor User Guide. Northridge, CA Medtronic MiniMed Inc.; 2021. Available at: https://www.medtronicdiabetes.com/sites/default/files/library/download-library/user-guides/Guardian_Sensor_3_User_Guide_Jun-2023.pdf. Accessed March 13, 2025.
20. Guardian 4 Sensor User Guide. Northridge, CA. Medtronic MiniMed, Inc. March 2023. Available at: https://www.medtronicdiabetes.com/sites/default/files/library/download-library/user-guides/Guardian_4_sensor_user_guide.pdf. Accessed March 13, 2025.
21. MiniMed Instinct Sensor User Guide. Northridge, CA. Medtronic Minimed; 2025. Available at: <https://www.medtronicdiabetes.com/sites/default/files/library/download-library/user-guides/Instinct-sensor-IFU.pdf>. Accessed October 10, 2025.
22. Simplera Sensor User Guide. Northridge, CA. Medtronic MiniMed; 2023. Available at: https://www.accessdata.fda.gov/cdrh_docs/pdf16/P160007S047c.pdf Accessed May 8, 2025.