



AETNA BETTER HEALTH®  
Coverage Policy/Guideline

Name: Linzess

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Effective Date: 3/4/2024

Last Review Date: 01/2024

Applies to:	<input checked="" type="checkbox"/> Illinois	<input type="checkbox"/> Florida	<input type="checkbox"/> Michigan
	<input type="checkbox"/> New Jersey	<input type="checkbox"/> Maryland	<input type="checkbox"/> Florida Kids
	<input type="checkbox"/> Pennsylvania Kids	<input type="checkbox"/> Virginia	<input type="checkbox"/> Kentucky PRMD

### Intent:

The intent of this policy/guideline is to provide information to the prescribing practitioner outlining the coverage criteria for Linzess under the patient's prescription drug benefit.

### Description:

Linzess is indicated in adults for the treatment of:

- Irritable bowel syndrome with constipation (IBS-C)
- Chronic idiopathic constipation (CIC)
- functional constipation (FC) in pediatric patients 6 to 17 years of age

### Applicable Drug List:

Linzess

### Policy/Guideline:

The requested drug will be covered with prior authorization when the following criteria are met:

- The requested drug is being prescribed for the treatment of irritable bowel syndrome with constipation (IBS-C) in an adult

#### AND

- The patient had treatment failure with one of the following classes: A bulk forming laxative (psyllium, or fiber), or a stimulant laxative (bisacodyl, or senna)

#### OR

- The requested drug is being prescribed for the treatment of chronic idiopathic constipation (CIC) in an adult

#### AND

- The patient had treatment failure with one of the following classes: A bulk forming laxative (psyllium, or fiber), or a stimulant laxative (bisacodyl, or senna)

#### OR

- The requested drug is being prescribed for the treatment of functional constipation (FC) in a pediatric patient 6 to 17 years of age



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### Approval Duration and Quantity Restrictions:

**Approval:** 12 months

**Quantity Level Limit:** 30 tablets per 30 days

### References:

1. Linzess [package insert]. Boston, MA: Ironwood Pharmaceuticals, Inc.; June 2023.
2. Lexicomp Online, AHFS DI (Adult and Pediatric) Online. Waltham, MA: UpToDate, Inc.; 2023. <https://online.lexi.com>. Accessed July 19, 2023.
3. Micromedex (electronic version). Merative, Ann Arbor, Michigan, USA. Available at: <https://www.micromedexsolutions.com/> (cited: 07/19/2023).