



Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

HEDIS® Measurement Year 2020 & 2021 Measures

Measure Description: The percentage of members 3–17 years of age who had an outpatient visit with a PCP or Ob/Gyn and who had evidence of the following during the measurement year.

- BMI percentile documentation*
- Counseling for nutrition
- Counseling for physical activity

*Because BMI norms for youth vary with age and gender, this measure evaluates whether BMI percentile is assessed rather than an absolute BMI value.

Definitions

BMI percentile: The percentile ranking based on the CDC’s BMI-for-age growth charts, which indicates the relative position of the patient’s BMI number among others of the same gender and age.

Strategies for Improvement

- Utilize NCQA coding tips to actively reflect care rendered.
- Document BMI percentile, discussion of nutrition and physical activity during at least one office visit annually e.g. sick visit or well-child exam.
- Document all screenings in the medical record, including follow-ups, results and anticipatory guidance given.

Documentation Requirements

For documentation in the medical record refer to the following table to identify what meets criteria:

Numerator Codes

There is a large list of approved NCQA codes used to identify the services included in the WCC measure.

The following are just a few of the approved codes. For a complete list please refer to the NCQA website at [NCQA.org](https://www.ncqa.org).

BMI Percentile ICD-10 Codes	
Z68.51	Less than 5th percentile for age
Z68.52	5th percentile to less than 85th percentile for age
Z68.53	85th percentile to less than 95th percentile for age
Z68.54	Greater than or equal to 95th percentile for age

Nutrition Counseling		
ICD-10	Z71.3	Dietary counseling and surveillance
CPT	97802-97804	Nutrition counseling
HCPCS	S9470	Nutritional counseling, dietitian visit
HCPCS	G0447	Face-to-face behavioral counseling for obesity, 15 minutes

Physical Activity Counseling		
ICD-10	Z02.5	Encounter for examination for participation in sport
ICD-10	Z71.82	Exercise counseling
HCPCS	G0447	Face-to-face behavioral counseling for obesity, 15 minutes
HCPCS	S9451	Exercise classes, non-physician provider, per session

**Please note: The WCC measure is hybrid. Any care missed via claims during the measurement year will result in medical record requests in the HEDIS Medical Record Review Project.

Quality Measure Toolkit

[AetnaBetterHealth.com/Pennsylvania](https://www.aetna.com/betterhealth/pennsylvania)

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Meets Criteria	Does Not Meet Criteria
BMI Percentile Documentation	
<p>Height, Weight, & BMI Percentile from the same data source</p> <p>BMI percentile plotted on an age-growth chart</p> <p>BMI percentile documented as a value (e.g., 85th percentile)</p> <p>Member-reported height, weight, BMI percentile are acceptable only if the information is collected by a primary care practitioner or specialist, if the specialist is providing a primary care service related to the condition being assessed, while taking a patient's history. The information must be recorded, dated and maintained in the member's legal health record.</p>	<p>No BMI percentile documented in medical record or plotted on age-growth chart</p> <p>Notation of BMI value only</p> <p>Notation of height and weight only</p> <p>Ranges and thresholds for BMI percentile (e.g.70-75 percentile)</p>
Counseling for Nutrition	
<p>Current nutrition behaviors</p> <p>Checklist indicating nutrition was addressed</p> <p>Counseling or referral for nutrition education</p> <p>Educational materials on nutrition during a face-to-face visit</p> <p>Anticipatory guidance for nutrition</p> <p>Weight or obesity counseling</p> <p>** Services rendered during a telephone visit, e-visit or virtual check-in meet criteria for the Counseling for Nutrition submeasure as long as the appropriate code is submitted with the GT modifier.</p>	<p>No counseling/education on nutrition and diet</p> <p>Counseling/education before or after the measurement year</p> <p>Notation of "health education" or "anticipatory guidance" without specific mention of nutrition</p> <p>A physical exam finding or observation alone (e.g., well-nourished) is not compliant because it does not indicate counseling for nutrition</p> <p>Documentation related to a member's "appetite" does not meet criteria</p> <p>Services specific to the assessment or treatment of an acute or chronic condition:</p> <p>**Notation that a member with diarrhea is following the BRAT diet</p> <p>**Notation that a member has decreased appetite as a result of an acute or chronic condition</p>
Counseling for Physical Activity	
<p>Current physical activity behaviors e.g., exercise routine, participation in sports activities, and exam for sports participation</p> <p>Checklist indication physical activity was addressed</p> <p>Counseling or referral for physical activity</p> <p>Educational materials on physical activity</p> <p>Anticipatory guidance for physical activity</p> <p>Weight or obesity counseling</p> <p>** Services rendered during a telephone visit, e-visit or virtual check-in meet criteria for the Counseling for Physical Activity submeasure as long as the appropriate code is submitted with the GT modifier.</p>	<p>No counseling/education on physical activity</p> <p>Notation of "cleared for gym class" alone without documentation of a discussion</p> <p>Counseling/education before or after the measurement year</p> <p>Notation of "health education" or "anticipatory guidance" without specific mention of physical activity</p> <p>Notation of anticipatory guidance related solely to safety (e.g., wears helmet or water safety) without specific mention of physical activity recommendations</p> <p>Notation solely related to screen time (computer or television) without specific mention of physical activity</p> <p>Services specific to the assessment or treatment of an acute or chronic condition:</p> <p>**Notation that a member has exercise-induced asthma</p> <p>**Notation that a member with chronic knee pain is able to run without limping</p>