



Easy does it

Autism spectrum disorder Care and coverage just got a little easier

Aetna Better Health® of Texas covers treatment

If your child has autism spectrum disorder (ASD), you've likely faced some challenges. Maybe it's finding providers who specialize in autism. Or getting the most from your health plan.

The good news? Aetna Better Health of Texas covers treatment with applied behavior analysis (ABA).

ABA treatment may help

ABA is considered one of the most effective treatments for autism spectrum disorder.

ABA can help:

- Change behaviors in a positive way
- Increase quality of life by working on useful and productive behaviors
- Reduce harmful behaviors

Questions?

If you have any questions about ASD, or what we can do to help you or your child, call the Member Services phone number on your child's ID card. Ask to speak with a Case Manager. We want to walk through this journey with you.

The **earlier** treatment starts, the more **effective** it can be.



[AetnaBetterHealth.com/Texas](https://www.aetna.com/betterhealth/texas)

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