

Maternal, Infant and Early Childhood Home Visiting Program

Congratulations! We hear you're expecting a baby. Whether this is your first baby, or you've been here before, we're here to let you know about Maternity Home Visiting Programs that are available right in your community.

Home visits can be conducted by nurses and other trained professionals during your pregnancy and can last to your child's 2nd year of life. These professionals will conduct assessments geared toward promoting positive birth outcomes, infant and early childhood development, and provide parenting education. This family focused approach offers you concrete support and encouragement at a time when you need it most. These programs will assist you with the following:

- promoting health and well-being
- developing a plan to meet your personal and family goals
- parenting practices and techniques
- connection with local community resources
- coordinate care with physicians
- reducing harmful health behaviors
- identifying pregnancy complications
- improving your child's physical and emotional care
- enhancement of parent-child interactions
- child safety

Here are just a few programs that could be right for you!

Nurse Family Partnership® (NFP), Healthy Families of America® (HFA), Parents as Teachers® (PaT), Early Head Start, SafeCare Augmented, Healthy Start, etc.

There may be more local programs in your community that are not listed above.

Your Care Manager or Community
Health Worker can help answer your
questions and get you connected
and enrolled with a program that fits
you best, or you can call our Special
Needs Unit at 1-855-346-9828
(PA Relay: 711) to speak with
one of our Case Management
representatives today.



Aetna Better Health® of Pennsylvania

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ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-385-4104 (PA Relay: 711).

ATENCIÓN: Si usted habla español, los servicios de ayuda de idioma, sin ningún costo, están disponibles para usted. Llamar al 1-800-385-4104 (PA Relay: 711).

ВНИМАНИЕ: Если Вы говорите на русском языке, Вам предлагаются бесплатные переводческие услуги. Позвоните по номеру 1-800-385-4104 (PA Relay: 711).

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