



Aetna Better Health  
PROVIDER NOTIFICATION

Collaborative Care Model (CoCM) Service Effective June 1, 2022

In alignment with Texas Medicaid's decision to cover treatment CoCM, Aetna Better Health of Texas will be offering the program CoCM.

The CoCM will be a benefit of Texas Medicaid for persons of all ages who have a mental health or substance use condition, to include a preexisting or suspected mental health or substance use condition, as determined by the primary care provider (i.e., physician, physician assistant, or nurse practitioner.)

The CoCM is an approach to bring behavioral health conditions (mental health treatments) together in the primary care provider's (PCP) setting. The model integrates the services of behavioral health care managers (BHCMs) and psychiatric consultants with primary care provider oversight to proactively manage behavioral health conditions as chronic diseases.

## References

- The Collaborative Care Model to Become a Benefit of Texas Medicaid June 1, 2022

<https://www.tmhp.com/news/2022-04-15-collaborative-care-model-become-benefit-texas-medicaid-june-1-2022>

- Beginning June 1, 2022, additional benefits language will be published under ***Medical and Nursing Specialists, Physicians, and Physician Assistants Handbook (Vol. 2, Provider Handbooks)*** in the Texas Medicaid Provider Procedures Manual.

<https://www.tmhp.com/resources/provider-manuals/tmppm>

- ADDITIONAL UPDATES WILL BE POSTED ON OUR WEBSITE.

[HTTPS://WWW.AETNABETTERHEALTH.COM/TEXAS/PROVIDERS/NOTICES-NEWSLETTERS.HTML](https://www.aetnabetterhealth.com/texas/providers/notices-newsletters.html)

Sincerely,  
Provider Experience  
Aetna Better Health of Texas