



# Depression Screening and Follow-Up for Adolescents and Adults (DSF-E)

## HEDIS® Measurement Year 2024

**Measure description:** The percentage of members 12 years of age and older who were screened for clinical depression between January 1 and December 31 of the measurement year using a standardize instrument and, if screened positive, received follow-up care.

- **Depression Screening:** The percentage of members who were screened for clinical depression using a standardized instrument.
- **Follow-Up on Positive Screen:** The percentage of members who received follow-up care within 30 days of a positive depression screen finding.

### Clinical recommendation statement

The U.S. Preventive Services Task Force (USPSTF) recommends screening for depression among adolescents 12-18 years and the general adult population, including pregnant and postpartum persons.

### Eligible screening instruments

Instruments for Adolescents (< or = to 17 years)	Total Score LOINC Codes	Positive Finding
Patient Health Questionnaire (PHQ-9)®	44261-6	Total score ≥10
Patient Health Questionnaire Modified for Teens (PHQ-9M)®	89204-2	Total score ≥10
Patient Health Questionnaire-2 (PHQ-2)®	55758-7	Total score ≥3
Beck Depression Inventory-Fast Screen (BDI-FS)®1	89208-3	Total score ≥8
Center for Epidemiologic Studies Depression Scale—Revised (CESD-R)	89205-9	Total score ≥17
Edinburgh Postnatal Depression Scale (EPDS)	71354-5	Total score ≥10
PROMIS Depression	71965-8	Total score (T Score) ≥60

Instruments for Adults (18+ years)	Total Score LOINC Codes	Positive Finding
Patient Health Questionnaire (PHQ-9)	44261-6	Total score ≥10
Patient Health Questionnaire-2 (PHQ-2)	55758-7	Total score ≥3
Beck Depression Inventory-Fast Screen (BDI-FS)	89208-3	Total score ≥8
Beck Depression Inventory (BDI-II)	89209-1	Total score ≥20
Center for Epidemiologic Studies Depression Scale—Revised (CESD-R)	89205-9	Total score ≥17
Duke Anxiety—Depression Scale (DUKE-AD)	90853-3	Total score ≥30
Geriatric Depression Scale Short (GDS)1	48545-8	Total score ≥5
Geriatric Depression Scale Long (GDS)	48544-1	Total score ≥10
Edinburgh Postnatal Depression Scale (EPDS)	48544-1	Total score ≥10
My Mood Monitor (M-3)	71777-7	Total score ≥5
PROMIS Depression	71965-8	Total score (T Score) ≥60
Clinically Useful Depression Outcome Scale (CUDOS)	90221-3	Total score ≥31